

Kines 355 Socio-Cultural Aspects of Physical Activity (3 cr.)

- Instructor:** Dan Timm, Ed.D., 1043 Gym-Nat, 262-7714, dtimm@education.wisc.edu
Office Hours: MW 1:15-2:15, TR 3:30-4:30, F 10:00-11:00
- Schedule:** Class meets TR 1:00-2:15 in 1190 Gymnasium-Natatorium
- Prerequisite:** Successful completion of, or exemption from, Comm A. Kinesiology major with Junior standing, or consent of instructor.
- Learn@UW Address:** <https://uwmad.courses.wisconsin.edu/d2l/home/2952167>
- Required Text:** Mechikoff, R. (2014). *A history and philosophy of sport and physical education: From ancient civilizations to the modern world* (6th ed.). Boston, MA: McGraw Hill.
- Additional materials will be posted on Learn@UW, taken from but not limited to the following sources...
- Coakley, J. (2009). *Sports in society: Issues and controversies* (10th ed.). Boston, MA: McGraw-Hill.
- Eitzen, D. S., & Sage, G. H. (2009). *Sociology of North American sport* (8th ed.). Boulder, CO: Paradigm.
- Freeman, W. H. (2012). *Physical education, exercise, and sport science in a changing society* (7th ed.). Sudbury, MA: Jones & Bartlett.
- Gems, G. R., Borish, L. J., & Pfister, G. (2008). *Sports in American history: From colonization to globalization*. Champaign, IL: Human Kinetics.
- Kretchmar, R. S. (2005). *Practical philosophy of sport and physical activity* (2nd ed.). Champaign, IL: Human Kinetics.
- Shimon, J. M. (2011). *Introduction to teaching physical education: Principles and strategies*. Champaign, IL: Human Kinetics.
- Woods, R. B. (2011). *Social issues in sport* (2nd ed.). Champaign, IL: Human Kinetics.
- Zeigler, E. F. (2005). *History and status of American physical education and educational sport*. Victoria, BC: Trafford.
- Purpose of Course:** This course is intended to provide students with an introduction to the socio-cultural aspects of physical activity. Major areas of concentration include philosophy of physical activity/education, history of physical activity/education and sport, and sociology of physical activity/sport.
- Although a descriptive approach to the content is important, an interpretive approach through the material is also intended to ask how and why of the evidence. Understanding the interacting relationship between philosophy and history while attempting to view that relationship through a sociological lens will be important. Examining physical activity through philosophical, historical, and sociological lenses provide different perspectives which can lead to a greater comprehension of physical activity.
- The course provides an opportunity for students to satisfy the university's Communication Part B requirement in content specific to Kinesiology. As part of the course, students will submit a writing

assignment for review, schedule an individual conference with the instructor to receive feedback on the assignment, and submit a revised version of the assignment; submit a research paper in which scholarly sources were used to gather information; give an oral presentation on a current event in physical activity and receive feedback on that presentation; and use the feedback received on the first presentation in organizing and delivering a second presentation which will involve role-playing a significant person in physical activity history.

Course Objectives:

At the conclusion of this course, students should be able to -

- understand how sport and physical activity are reflections of the culture in which they exist.
- explain why individuals participate in sport and the benefits and consequences of that participation.
- describe the various philosophies of physical activity/education and the role of ethics in physical activity.
- discuss the concepts of dualism and holism.
- compare and contrast play and games and examine the good life.
- consider the role of physical activity/education and sport (PA/E&S) in ancient civilizations.
- explain how PA/E&S survived through the Dark Ages and the Middle Ages.
- realize the growth of PA/E&S in Europe and factors fueling that growth.
- promote the contributions of European PA/E&S to the development of PA/E&S in the United States.
- examine the growth of PA/E&S in the early United States.
- track the development of PA/E&S in the United States during the 20th century.
- understand how history influences philosophy and how philosophy impacts history.
- describe the benefits and consequences of organized sport programs for children.
- debate the value of interscholastic and intercollegiate sport.
- examine the relationship between sport and gender, race, ethnicity, and social class.
- investigate the influence of the economy, media, and politics on sport.
- discuss the effect of deviance and violence in sport.
- develop advanced communication skills in...
 - critical reading, logical thinking, and the use of evidence.
 - the use of appropriate style and disciplinary conventions in writing and speaking.
 - the productive use of core library resources specific to the discipline.

Evaluation:

Current Event Presentation	5%
Philosophy of Physical Activity/Education Paper	15%
Historical Person Presentation	10%
History and Philosophy of Physical Activity/Education and Sport Exam	15%
Physical Activity Time Traveler Paper	15%
Sociological Influences of Physical Inactivity Paper (1 st progress report)	5%
Sociological Influences of Physical Inactivity paper (2 nd progress report)	5%
Sociological Influences of Physical Inactivity Paper (final copy)	20%
Sociology of Sport Exam	10%

Assignments:

Current Event Presentation (Due September 8 – October 15. Students will choose the date for their respective presentations; 5 minutes)

Students will search the media and present at the beginning of class, one event related to physical activity that is currently in the news. Physical activity in this course is an umbrella phrase under which are found physical education, informal recreation, formal exercise, and organized sport. As part of the 5-minute presentation, students must make a philosophical, historical, or sociological connection between the event and course content. Often, people do not realize the socio-cultural aspects of events currently happening in physical activity. In addition to presenting the event, students will initiate class discussion of the topic. Students will be evaluated on their knowledge of the current event, ability to effectively communicate their presentation, ability to connect the current event to course content, and ability to initiate discussion. Students will receive feedback on their oral communication skills which is to be integrated into the historical person presentation.

Philosophy of Physical Activity/Education Paper (3-page draft due September 29; 5-page final copy due October 15)

Simply stated, Socrates said, "Know thyself." The paper, "My Philosophy of Physical Activity/Education," is intended to get students thinking about who they are as physical activity specialists or physical educators. Using discussions in class and their own research as guides, students will identify and write their philosophy of physical activity or physical education. Students should take note of things that "strike home" with them - things they identify with and feel strongly about. Students will be evaluated on their ability to reflect, analyze, synthesize concepts, and draw conclusions that address:

- (1) *What is important to them regarding physical activity or physical education and why they have those beliefs?*
- (2) *With which contemporary philosophy do they identify because this will be the foundation for many of their beliefs and value.*
- (3) *In their discussion of a contemporary philosophy, students need to show they understand the contemporary philosophy and how it connects to their personal beliefs*

Length of the draft is 3 pages. After submitting the draft, students will schedule an individual conference with the instructor to discuss the paper and receive feedback on their writing. Students will integrate the feedback they receive into writing the final copy of the paper.

Length of the final copy is 5 pages.

Historical Person Presentation (Due October 8 – November 5. The date students present will be determined by the person they choose to role-play; 5-10 minutes.)

Students will select a significant person in physical activity history to role-play. Assuming the identity of that person, students will be responsible for being knowledgeable of that individual's beliefs, how those beliefs impacted education, and how those beliefs affected physical activity. This 5-10 minute presentation will be given as a guest speaker visiting the class, who after the presentation will field questions from members of the class. Students will be evaluated on their knowledge of the individual they are role-playing and the individual's beliefs, and the connection of those beliefs to education and physical activity. Students will also be evaluated on their ability to effectively communicate their presentation.

Physical Activity Time Traveler Paper (Thesis statement due October 29; completed paper due November 17)

What happened yesterday will have influenced what happened today. For the purpose of this paper, each student has been hired as a time-traveler by the Department of Kinesiology to investigate the historical perspective of a *current issue in physical activity*. After selecting a current issue to investigate, students will travel back in time to determine how that issue can be explained or was influenced by events that happened anytime during history. Examining *physical activity history*, students will be evaluated on their ability to reflect, analyze, synthesize concepts, and draw conclusions that address:

- (1) *Events that would finish the statement, "The (issue) should have been expected to occur because of (events that happened in physical activity history)."*
- (2) *Once students have identified the issue and the events, they will discuss how each event explains or influenced the issue they chose; explains (provides a reason the issue occurred) or influenced (partially caused the issue to happen).*
- (3) *Students will predict how the future may be affected if individuals today do not address the the current issue discussed in the paper.*

Length of paper is 6+ pages.

Sociological Influences of Physical Inactivity Paper (Progress reports due November 24 and December 3. Completed paper is due December 15)

Physical inactivity is one of the most serious health issues in the United States today. The paper, "Sociological Influences of Physical Inactivity," is intended to get students to research and examine physical inactivity through a sociological lens. After performing library research, students will be evaluated on their ability to reflect, analyze, synthesize concepts, and draw conclusions regarding:

- (1) *Sociological factors that influence physical inactivity in children.*
- (2) *Sociological factors that influence physical inactivity in adolescents.*
- (3) *After identifying these factors, students will select one factor that affects both children and adolescents and discuss possible ways of addressing that factor to realize increased physical activity.*

A minimum of 5 scholarly (peer reviewed) sources must be used in writing the paper. Sources must be current (today-5 years old) or relevant (5-10 years old).

- *1st progress report due November 24:* students must have found at least 5 scholarly sources which can be used in the paper and have written a short annotated bibliography for each source. Each annotated bibliography should contain three sentences, in their own words, summarizing the article and one sentence explaining how the information will be used in the paper.
- *2nd progress report due December 3:* students must have developed an outline of the information which will be the basis of the paper. The outline should include the thesis statement and the body of the paper; introduction and conclusion do not need to be included in the outline.

Length of final paper is 8+ pages.

Grade Breakdown:	A = 93% - 100%	C = 70% - <79%
	AB = 89% - <93%	D = 60% - <70%
	B = 83% - <89%	F = 0% - <60%
	BC = 79% - <83%	

Accommodations Statement Your success in this course is important. Please let the instructor know if any circumstances may affect your performance in class so a plan can be developed for you to have opportunities to be successful. Students requiring special accommodation related to a learning need should contact the McBurney Disability Resource Center, 702 West Johnson Street, 263-2741, for information and assessment.

Academic Integrity: The University of Wisconsin is a highly respected institution of higher education. To help maintain the reputation of the university, and ultimately the credibility of your degree, you are expected to demonstrate academic integrity during this course. Please review the university's statement on academic integrity at <http://students.wisc.edu/doso/academicintegrity.html> and information regarding academic integrity for students at <http://students.wisc.edu/doso/students.html> Examples of academic misconduct include:

- Seeking to claim credit for the work or efforts of another without authorization or citation
- Using unauthorized material or fabricating data in any academic exercise
- Forging or falsifying academic documents or records
- Intentionally impeding or damaging the academic work of others
- Engaging in conduct aimed at making false representation of a student's academic performance
- Assisting other students in any of these acts

Unless otherwise indicated by the instructor, all assignments and tests are to be completed independently without consultation with others.

Class Schedule

- September 3 Introduction to Course
Introduction to Oral Presentations
- September 8 Branches of Philosophy; Contemporary Philosophies - Learn@UW: Freeman, p. 199-213
- September 10 Dualism – Learn@ UW: Kretchmar, chapter 3
- September 15 Introduction to Written Communication
Holism – Learn@ UW: Kretchmar, p. 101-113 & chapter 7
- September 17 Play and Games – Learn@UW: Kretchmar, p. 139-140, 147-156, 159-174
- September 22 Ethics - Learn@UW: Kretchmar, p. 183-195
- September 24 The Good Life – Learn@UW: Kretchmar chapter 11
- September 29 Physical Education and Sport in Ancient Civilizations: Sumer, Egypt, China, India, and Mesoamerica – Mechikoff, chapter 2
Philosophy of Physical Activity/Education paper, draft due
- October 1 Cultural Influences on Physical Activity
*Everyone needs to bring an article on an aspect of culture that affects physical activity
- October 6 Physical Education and Sport in Ancient Civilizations: Greece and Rome – Mechikoff, p. 50-59, 62-75, 85-87, 88-104
- October 8 Physical Education and Sport in the Dark Ages and the Middle Ages, 400-1400 – Mechikoff, chapter 5
- October 13 The Renaissance and the Reformation, 1300-1600 – Mechikoff, p. 127-133, 136-138, 144
- October 15 The Beginning of the Modern Era in Europe, 1560-1789 – Mechikoff, p. 147-151, 157, 160-161, 166
Philosophy of Physical Activity/Education paper, final copy due
- October 20 European Contributions to Physical Education and Sport in the United States – Mechikoff, p. 169-172, 176-178, 191
- October 22 Physical Education and Sport in the United States: Colonial Period and National Period, 1600-1860 - Mechikoff chapter 9, and p. 207-209, 214-218, 230-231,
Learn@UW: Gems, Borish, & Pfister, p. 49-61; Zeigler, p. 30-35
- October 27 Physical Education and Sport in the United States: Civil War Period, 1860-1900 – Mechikoff, chapter 11
- October 29 Physical Education and Sport in the United States, 1900-1939 - Mechikoff , 261-265, 267-275
Physical Activity Time Traveler paper thesis statement due
- November 3 Physical Education and Sport in the United States, 1940-1969 - Learn@UW: Freeman, p. 173-178
- November 5 Physical Education and Sport in the United States, 1970-Today - Learn@UW: Shimon, p. 20, 22-32
- November 10 *History and Philosophy of Physical Activity/Education and Sport Written Exam*
- November 12 Sports and Children - Learn@UW: Coakley, p. 122-134, 136-139, 142-151

- November 17 Sports and Education - Learn@UW: Woods, p. 119-131, 133-136, 140-143
Physical Activity Time Traveler paper due
- November 19 Gender and Sport - Learn@UW: Woods, p. 221-232, 234-235, 237-238; Coakley p. 258-270
- November 24 Race & Ethnicity and Sport - Learn@UW: Coakley, p. 274-292, 295
Sociological Influences of Physical Inactivity paper, 1st progress report due
- December 1 Social Class and Sport - Learn@UW: Eitzen & Sage chapter 12
- December 3 Sports and Politics – Learn@UW: Eitzen & Sage, p. 195-205, 206-210; Woods p. 289-295
Sociological Influences of Physical Inactivity paper, 2nd progress report due
- December 8 Sociological Influences of Physical Inactivity Paper Work Day
- December 10 Deviance in Sport - Learn@UW: Coakley, p. 152-157, 159-171, 178-179
- December 15 Violence in Sport - Learn@UW: Coakley, p. 194-197, 198-216, 221-224
Sociological Influences of Physical Inactivity paper due
- Thursday, December 17, 7:45 a.m. *Sociology of Sport Written Exam*

University of Wisconsin School of Education Teacher Licensing Standards

Following are the University of Wisconsin-Madison School of Education “old” standards addressed through Socio-Cultural Aspects of Physical Activity and how those standards will be assessed...

Standard 2 Understands Social Context of Schooling

Understand and debate current physical activity issues and laws based on historical, philosophical, and sociological perspectives.

Assessment: Physical Activity Time Traveler Paper

Standard 6 Connects School and Community

Identify strategies to become an advocate in the school and community to promote a variety of physical activity opportunities.

Assessment: Sociological Influences of Physical Inactivity Paper

Standard 13 Is a Reflective Practitioner

Use available resources (e.g., colleagues, literature, professional associations) to develop as a reflective professional.

Assessment: Philosophy of Physical Education Paper

Following are the University of Wisconsin-Madison School of Education conceptual areas and “new” standards addressed through Socio-Cultural Aspects of Physical Activity and how those standards will be assessed...

Conceptual Area 3 Engagement and Instruction

Standard 3.5 *Support learners to develop and apply different perspectives of authentic (real-world) issues.*

Assessment: Physical Activity Time Traveler Paper

Conceptual Area 5 Professionalism and Ethics

Standard 5.5 *Communicate and collaborate with learners, families, colleagues, other school professionals, and community members to ensure learner growth, and to advance the profession.*

Assessment: Sociological Influences of Physical Inactivity Paper

Standard 5.6 *Engage in ongoing professional learning.*

Assessment: Philosophy of Physical Education Paper